## DIAPERING PROCEDURE

- 1. Get all of the supplies that you need (diapers, wipes, gloves, clothes, etc.). Prepare and cover changing table with fresh examination paper.
- 2. Wash your hands. Wash your hands using the established hand washing procedure. Put on gloves.
- 3. Pick up the child. If the child's clothing is soiled hold them up and/or away from your clothing. Place the child on the changing table. Buckle the safety strap to assist holding child in place. Never leave a child unattended, even if they are buckled in.
- 4. If necessary remove the child's soiled clothing. Bag soiled clothing in plastic bag to send home.
- 5. Open the soiled diaper and fold over the tabs so they do not stick to the child's skin. Leave the soiled diaper under the child.
- 6. Clean the child with baby wipes from front to back using a fresh wipe each time. Use as many wipes as necessary. Pay close attention to cleaning the folds of the child's skin. Place the wipes inside the soiled diaper.
- 7. Remove the soiled diaper from underneath the child. Re-secure diaper with tabs.
- 8. Remove latex gloves by holding diaper in left hand and using the right hand to pull the left glove off your hand and over the diaper. Repeat with the right hand. This procedure helps to secure the germs inside the diaper and gloves.
- 9. Dispose of the soiled diaper in a covered and lined diaper pail.
- 10. Cleanse your hands with a disposable wipes and dispose of wipes in diaper pail.
- 11. Put on a clean diaper and redress the child.
- 12. Assist the child in washing their hands. If the child is too young, wash child's hands with either a baby wipe or a soapy paper towels. Rinse all soap residue from child's hands.
- 13. Dispose of all diapering materials, including changing table paper.
- 14. Sanitize the changing area using a bleach and water solution and disposable paper towels.
- 15. Wash your own hands according to published hand washing procedure.
- 16. Record the diaper change on the child's chart.

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